XM's Instant Traffic & Weather is very helpful when traveling allowing the driver to just pull up the local traffic and weather station for that area rather then browse through all the local FM and AM stations while driving. Another use for weather and traffic is you can know more detail about what is happening in that area that would be over 200 miles of your location just by lessing to XM's instent traffic and weather. If local stations want to compete one station should look into converting to a national weather and traffic information 24/7 to compete with what XM has to offer not just take the ability to offer traffic and weather away from XM.